



## ABC of poisoning in children



### Always store medicine and chemicals safely

Keep medicines and chemicals out of reach and sight of children.



### Be prepared ! Know what to do ...

#### If you think your child has been poisoned



1. Stay calm.
2. Take the poison away from your child.
3. If the poison was eaten, make the child spit it out. Check inside the mouth and flick out any remaining pieces.
4. **Never** make your child vomit.
5. If a chemical has splashed into the eyes or onto the skin, wash the eyes or skin with tap water for 15 minutes.
6. The signs and symptoms of poisoning can be delayed. Always seek medical advice!
7. Take the product container to the phone, or to the GP, or hospital.



### Call the Public Poisons Information Line

**01 809 2166**

Open from 8am to 10pm

Outside these hours contact your GP or hospital  
or call 999 / 112

Save this number in your phone ... you never know when you will need it !

[www.poisons.ie](http://www.poisons.ie)

Poison Prevention Leaflets are available to order from [www.healthpromotion.ie](http://www.healthpromotion.ie)

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